

## Rookies Julius Williams, Cecil Newton talk life values to Gilbert football team

### Jaguars in the Community



Submitted by [Charles Broward](#)

[Jacksonville.com](http://Jacksonville.com)

September 30, 2009

They may be rookies in the NFL, but when defensive end Julius Williams and center Cecil Newton spoke to the Matthew W. Gilbert Middle School Football Team, getting the players' attention was not a problem.

Williams and Newton talked during the team's practice after school let out Tuesday, speaking mostly about maintaining goals and working hard to achieve them.

"I just tried to tell them that life – not even just football but life, period – is about whatever you put into it, you'll get out of it," Williams said.

The stay was a surprise visit to the players of the team. After a brief team greeting, Williams and Newton participated in offensive and defensive line practice, giving technique advice on football and life.

"They probably don't see the big picture right now," Newton (practice squad) said. "It's important for them to stick with these after-school programs [and] participate in after-school studies and stuff like that."

The Jaguars will return to Matthew Gilbert Oct. 6 for the NFL's "Hometown Huddle" program, which partners with the United Way for a league-wide day of community service initiatives, a team official said.

